



# 2006 AUGUST INTERPRETIVE CALENDAR Mohawk Trail State Forest

Park Interpreter: Sheila Evans 413-339-5504

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 11am Recycled Sailboats 1-3pm Nature Center OPEN	4 8am Morning Nature Meditation 10am Mushroom Walk 1-3pm Nature Center OPEN 4-5pm River Critter Hunt	5 8:30am Chi Gong exercises outdoors  11am Thumper Mtn Hike  1-3pm Nature Center OPEN  4-5pm Tae Kwan Do Demo with forms and board
6	7	8	9	10 11am Rock Art 1-3pm Nature Center OPEN	11 8am Morning NatureMeditation 10am Frog Catch and Release Hike 1-3 pm Nature Center OPEN 4-5pm Learn about Black Bear Make Posters	breaking  12 8:30 am Chi Gong exercises outdoors  1pm Nature's Boundaries are Connectors – with Forest Ecologist Tony D'Amato  7pm Sturgeon Moon Ceremony Native American event





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12	1.4		16		10	10
13	14	15	16	17	18	19
				10am Nature's	11am Recycled	NO PROGRAMS
10am				Placemats	Sailboats	
Tall Trees of						(Interpreter's
Mohawk Trail SF				1-3pm Nature	1-3pm Nature	family reunion)
hike				Center OPEN	Center OPEN	,
					7pm Black Bears	
					Slide Show with	
					Jim Cardoza of	
					MASS Fish and	
					Wildlife	
20	21	22	23	24	25	<b>26</b> 8:30 Chi Gong
				11am Thumper	8am Morning	exercises outdoors
				Mtn Hike	Nature Meditation	1-3 pm Nature
					11am Weed Walk	Center OPEN
				1-3 pm Nature	in the Meadow	7pm Beaver Slide
				Center OPEN	1-3pm Nature	Show with Dave
					Center OPEN	Rich
					4pm Rock Art	racii
					-piii Rock Ait	
27	28	29	30	31	9-1	9-2
21	20	2)	30	7pm	8am Morning	)-2
				Birds of Prey –	Nature Meditation	
				live birds		
				including an Eagle	10am- Black Bear	
				visit with	Posters	
				rehabilitator Tom		
				Ricardi	7pm –Let's Clear	
					the Air Slide	
					Show	
	1					



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## **Description of Programs & Events:**

#### Mushroom Walk

Join the interpreter at the Group Campsite for a walk through the woods to look at the diversity of mushrooms that grow in the forest; with field guides we will identify and record the varieties

#### **Recycled Sailboats**

Everyday trash can become sailboat treasures with a little creativity – the boats are test launched on the river!

#### Tae Kwon Do Demo

Learn about this ancient series of movements and skills at the Nature Center lawn- the board breaking is awesome!

#### Rock Art

The three major types of rocks are found in the Cold River; we will investigate and bring back specimens to paint for a take home memory of the mineral magic found in the river.

#### "Nature's Boundaries are Connectors"

Meet at the Group Campsite for a walk with Forest Ecologist Tony D'Amato; explore the way all of nature links to itself in the process of maturing and thriving.

#### **Nature's Placemats**

Join the interpreter at the Nature Center and create a keepsake composed of nature's elements.

#### **Nature Center Investigations**

Meet at the Nature Center any Thursday, Friday or Saturday from 1-3pm to discover all the treasures found inside this special place.

## **SPECIAL EVENTS:**

### August 12 Sturgeon Moon Ceremony 7pm

One of the traditions of the ancient peoples is conducted by members of the Bear Clan – all are welcome to participate in this demonstration of thanksgiving and appreciation for all of nature. The Sturgeon Moon is the name given to the August Moon.

### August 18 Black Bears of Massachusetts slide show 7pm

Jim Cardoza of Mass Fish & Wildlife brings his extensive knowledge and great slides of the bears.

### August 26 Beaver Slide show with Dave Rich 7pm

Dave shares his personal photo essay about the local beavers – includes one slide the beaver took of himself!